

The discussion guide:

Please consider the following questions and be prepared to share your comments with the class on April 2:

1. Describe the psychological/neural disorder you will address in this assignment.
 - ⇒ What are its primary features?
 - ⇒ How prevalent is it?
 - ⇒ What is the standard pharmacological treatment for it?
 - ⇒ Is there a recognized herbal remedy for treating it?

2. What is the greatest challenge that healthcare providers face in treating this disorder? (some include compliance, drug effectiveness, diagnosis...) Will use of an herbal remedy address this challenge?

3. The GEM and St. John's Wort studies will provide an example of the type of research that is necessary to determine if an alternative treatment is effective. Has such a study been conducted on the remedy that you are exploring? If so, what has been determined from this type of study? If not, why has such a study not been done?